

2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
WFGT 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	NAMASTE FIT YOGA 5:30am 7:00am 9:00am SLOW FLOW 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	NAMASTE FIT YOGA 5:30am 7:00am 9:00am VINYASA FLOW YOGA 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am	NAMASTE FIT YOGA 9-10 am	
9	10	11	12	13	14	15
WFGT 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	NAMASTE FIT YOGA 5:30am 7:00am 9:00am SLOW FLOW 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	NAMASTE FIT YOGA 5:30am 7:00am 9:00am VINYASA FLOW YOGA 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am	NAMASTE FIT YOGA 9-10 am	
16	17	18	19	20	21	22
WFGT 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	NAMASTE FIT YOGA 5:30am 7:00am 9:00am SLOW FLOW 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	NAMASTE FIT YOGA 5:30am 7:00am 9:00am VINYASA FLOW YOGA 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am	NAMASTE FIT YOGA 9-10 am NUTRITION CLASS 11am or 12:30 Sign up required GUEST SPEAKERS!	
23	24	25	26	27	28	29
WFGT 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	NAMASTE FIT YOGA 5:30am 7:00am 9:00am SLOW FLOW 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	NAMASTE FIT YOGA 5:30am 7:00am 9:00am VINYASA FLOW YOGA 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am	NAMASTE FIT YOGA 9-10 am	
30	31	1	2	3	4	5
MEMORIAL DAY!! OFF	NAMASTE FIT YOGA 5:30am 7:00am 9:00am SLOW FLOW 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	NAMASTE FIT YOGA 5:30am 7:00am 9:00am VINYASA FLOW YOGA 5:30pm	WFGT 5:15am 6:45am 8:15am 9:45am 11:15am	NAMASTE FIT YOGA 9-10 am	

Month

Year

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY