

## 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	1 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	2 NAMASTE FIT YOGA 5:30am & 7:00am DEEP FLOW YOGA 9:00am SLOW FLOW YOGA 5:30pm	3 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	4 NAMASTE FIT YOGA 5:30 & 7:00am NEW-DEEP FLOW YOGA 9:00am NEW-VINYASA FLOW YOGA 5:30pm	5 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am	6 NAMASTE FIT YOGA 9-10 am <u>NEW - Vinyasa Flow</u> <u>10:30am</u>
7	8 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	9 NAMASTE FIT YOGA 5:30am & 7:00am DEEP FLOW YOGA 9:00am SLOW FLOW YOGA 5:30pm	10 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	11 NAMASTE FIT YOGA 5:30 & 7:00am NEW-DEEP FLOW YOGA 9:00am NEW-VINYASA FLOW YOGA 5:30pm	12 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am	13 NAMASTE FIT YOGA 9-10 am
14	15 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	16 NAMASTE FIT YOGA 5:30am & 7:00am DEEP FLOW YOGA 9:00am SLOW FLOW YOGA 5:30pm	17 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	18 NAMASTE FIT YOGA 5:30 & 7:00am NEW-DEEP FLOW YOGA 9:00am NEW-VINYASA FLOW YOGA 5:30pm	19 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am	20 NAMASTE FIT YOGA 9-10 am <u>NEW - Vinyasa Flow</u> <u>10:30am</u>
21	22 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	23 NAMASTE FIT YOGA 5:30am & 7:00am DEEP FLOW YOGA 9:00am SLOW FLOW YOGA 5:30pm	24 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	25 NAMASTE FIT YOGA 5:30 & 7:00am NEW-DEEP FLOW YOGA 9:00am <u>FLOW &amp; MEDITATION</u> <u>CLASS 5:30pm</u>	26 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am	27 NAMASTE FIT YOGA 9-10 am <u>NUTRITION CLASS</u> <u>11am</u>
28	29 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	30 NAMASTE FIT YOGA 5:30am & 7:00am DEEP FLOW YOGA 9:00am SLOW FLOW YOGA 5:30pm	31 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am 5:30pm	1 NAMASTE FIT YOGA 5:30 & 7:00am NEW-DEEP FLOW YOGA 9:00am NEW-VINYASA FLOW YOGA 5:30pm	2 <b>WFGT</b> 5:15am 6:45am 8:15am 9:45am 11:15am	3 NAMASTE FIT YOGA 9-10 am